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Federazione Italiana PowerLifting - fondata nel 1983



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

CLASSIFICA SOCIETÀ FEMMINILE

POS	SOCIETÀ	1°	2°	3°	4°	5°	6°	7°	8°	9°	OI	PUNTI	IPF POINTS
1	S.S. LAZIO POWERLIFTING	2	1	1	1	0	0	0	0	1	0	50	543.2845
2	VIKINGS VENETO PL -BAONE	0	1	1	2	1	0	1	0	0	0	41	460.9790
3	BARBARIAN'S POWER CLUB	0	1	0	2	2	0	1	0	0	0	39	470.7575
4	FORMA CLUB	1	1	1	0	0	1	0	0	0	2	36	475.9594
5	ELITE VERONA POWERLIFTING - VR	1	0	2	0	0	0	0	0	1	1	31	393.3529
6	LA FORZA POWER TEAM - REGGIO	1	1	0	0	1	0	0	0	0	0	27	269.0740
7	HEART OF STEEL POWERLIFTING - ROMA	0	1	1	0	0	0	0	0	0	1	18	258.9489
8	POWERLIFTING MAGENTA	1	0	0	0	0	0	0	0	0	1	13	164.6113
9	ASD BELLAVITA PERSICETO BARBELL	1	0	0	0	0	0	0	0	0	0	12	92.8861
10	ASD PRO VIRIBUS-PRATO-	0	0	0	0	1	1	0	0	0	0	11	163.7221
11	C.U.S. FERRARA A.S.D.	0	0	0	0	0	0	1	1	0	3	10	341.3216
12	ASD PALESTRA POPOLARE PALERMO	0	1	0	0	0	0	0	0	0	0	9	91.0245
13	POWERLIFTING CASTIGLIONE - CASTIGLIONE	0	0	0	1	0	0	0	0	0	0	7	81.5384
14	POWERLIFTING TEAM SARDEGNA	0	0	0	0	1	0	0	0	0	0	6	80.2474
15	SELEZIONE ATLETICA PESANTE	0	0	0	0	0	1	0	0	0	1	6	134.4632
16	STRENGTHLAB - PADOVA	0	0	0	0	0	1	0	0	0	0	5	80.1828
17	SSD PEGASO FITNESS - CITTADELLA-PD-	0	0	0	0	0	0	0	0	1	0	2	72.9753
18	BERGAMO POWERLIFTING	0	0	0	0	0	0	0	0	0	2	2	120.5702

**Legenda: 1° = 12 Punti - 2° = 9 Punti - 3° = 8 Punti - 4° = 7 Punti - 5° = 6 Punti - 6° = 5 Punti - 7° = 4 Punti - 8° = 3 Punti - 9° = 2 Punti
Oltre La Nona Posizione 1 Punto**

N B: La classifica viene stilata in base alla somma dei migliori 6 risultati per ogni società.

In caso di parità si terrà conto del maggior numero di 1° posti, se vi fosse ancora parità dei 2° posti e così via, fino al 9° posto.

Se persistesse ancora parità si terrà conto della somma dei punti IPF.



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19	DWARFS ELITE UNITED - CESENA -	0	0	0	0	0	0	0	0	0	2	2	117.5010
20	AKTIVARIUM POWERLIFTING- MODENA-	0	0	0	0	0	0	0	0	0	1	1	69.8155
21	PRO VERCELLI PESISTICA -	0	0	0	0	0	0	0	0	0	1	1	62.9131
22	TOPLIFTERS	0	0	0	0	0	0	0	0	0	1	1	61.9645

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CLASSIFICA CAT. FEMMINILE

POS	ATLETA	SOCIETÀ	A.N.	PESO	CAT. ETÀ	SQ1	SQ2	SQ3	BSQ	PA1	PA2	PA3	BPA	ST1	ST2	ST3	BST	TOT	IPF POINTS
-47 Senior																			
1°	RANDONE RACHELE	ASD BELLAVITA PERSICETO BARBELL	1985	46,15	Senior	102,5	107,5	112,5	112,5	52,5	55,0	57,5	55,0	147,5	154,0	161,5	161,5	329,0	92,8861
2°	GALIMBERTI CHIARA	FORMA CLUB	1994	45,61	Senior	95,0	100,0	105,0	105,0	65,0	70,0	72,5	72,5	122,5	132,5	137,5	132,5	310,0	88,5849
3°	DEIDDA BARBARA	ELITE VERONA POWERLIFTING - VR	1981	45,26	Senior	102,5	102,5	107,5	107,5	60,0	62,5	65,0	62,5	120,0	127,5	140,0	127,5	297,5	85,6968
4°	NUCCI SUSANNA	VIKINGS VENETO PL -BAONE	1996	45,89	Senior	80,0	85,0	87,5	87,5	52,5	57,5	62,5	57,5	105,0	115,0	120,0	120,0	265,0	75,2500
5°	VITALE DANIELA	BARBARIAN'S POWER CLUB	1992	45,58	Senior	75,0	75,0	82,5	82,5	45,0	50,0	50,0	45,0	80,0	90,0	100,0	100,0	227,5	65,0542
-52 Senior																			
1°	VITERBO ROSAMARIA	POWERLIFTING MAGENTA	1996	50,71	Senior	110,0	110,0	117,5	117,5	85,0	90,0	93,0	93,0	137,5	142,5	150,0	150,0	360,5	93,0482
2°	MARI DALIDA	HEART OF STEEL POWERLIFTING - ROMA	1987	48,84	Senior	125,0	132,5	137,5	137,5	77,5	80,0	82,5	80,0	130,0	137,5	142,5	142,5	360,0	96,1641
3°	BASSOLI GRETA	VIKINGS VENETO PL -BAONE	1988	51,27	Senior	105,0	112,5	117,5	117,5	72,5	77,5	80,0	80,0	135,0	142,5	147,5	147,5	345,0	88,1889
4°	BUSELLATO LISA	VIKINGS VENETO PL -BAONE	1983	50,73	Senior	102,5	110,0	115,0	115,0	62,5	65,0	67,5	65,0	135,0	145,0	152,5	152,5	332,5	85,7911
5°	FUMAGALLI LARA	ASD PRO VIRIBUS-PRATO-	1989	50,84	Senior	105,0	112,5	115,0	115,0	60,0	65,0	65,0	65,0	132,5	140,0	150,0	140,0	320,0	82,4073
6°	VOLPATO CHIARA	STRENGTHLAB - PADOVA	1994	50,59	Senior	95,0	100,0	105,0	105,0	60,0	62,5	65,0	65,0	140,0	150,0	150,0	140,0	310,0	80,1828
7°	ROMAGNOLI SARA	C.U.S. FERRARA A.S.D.	1996	51,35	Senior	90,0	95,0	100,0	95,0	60,0	60,0	62,5	62,5	135,0	145,0	150,0	145,0	302,5	77,2197
8°	RIELLO SILVIA	VIKINGS VENETO PL -BAONE	1982	50,74	Senior	90,0	95,0	97,5	97,5	50,0	55,0	57,5	55,0	115,0	125,0	132,5	132,5	285,0	73,5224
9°	CORRIAS ANASTASIA	S.S. LAZIO POWERLIFTING	1995	50,82	Senior	100,0	105,0	105,0	100,0	55,0	57,5	60,0	57,5	110,0	117,5	122,5	122,5	280,0	72,1316
10°	BENEDETTI SIMONA	AKTIVARIUM POWERLIFTING- MODENA-	1985	48,57	Senior	80,0	85,0	90,0	90,0	45,0	45,0	50,0	45,0	120,0	120,0	125,0	125,0	260,0	69,8155
11°	CIBRANDI DILETTA	DWARFS ELITE UNITED - CESENA -	1991	50,87	Senior	85,0	90,0	92,5	92,5	47,5	50,0	52,5	50,0	97,5	105,0	105,0	105,0	247,5	63,7036
12°	DE SIMONE CHIARA	BERGAMO POWERLIFTING	1982	51,29	Senior	75,0	80,0	85,0	85,0	40,0	42,5	42,5	42,5	100,0	102,5	105,0	105,0	232,5	59,4114
13°	BOUTIUC ALEXANDRA	FORMA CLUB	1995	50,12	Senior	75,0	80,0	87,5	87,5	47,5	47,5	52,5	52,5	75,0	80,0	85,0	85,0	225,0	58,6872
14°	CONGIU LUCIA	SELEZIONE ATLETICA PESANTE	1990	50,95	Senior	70,0	75,0	80,0	80,0	40,0	42,5	45,0	45,0	85,0	92,5	100,0	92,5	217,5	55,9043
FG	CAPOZUCCHI BENEDETTA	BARBARIAN'S POWER CLUB	1994	50,90	Senior	100,0	105,0	105,0	105,0	62,5	67,5	67,5	62,5	127,5	127,5	127,5	0,0	FG	FG
-57 Senior																			
1°	CERNIGLIARO ALESSAND	S.S. LAZIO POWERLIFTING	1995	56,65	Senior	135,0	142,5	150,5	150,5	75,0	80,0	82,5	80,0	152,5	162,5	167,5	167,5	398,0	93,7913
2°	AGGIO SONIA	S.S. LAZIO POWERLIFTING	1986	56,34	Senior	130,0	135,0	137,5	135,0	65,0	67,5	70,0	70,0	175,5	188,0	193,0	188,0	393,0	93,0000



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3°	SQUILLANTE BENEDETTA	HEART OF STEEL POWERLIFTING - ROMA	1995	55,92	Senior	130,0	137,5	142,5	137,5	92,5	97,5	100,0	92,5	142,5	150,0	155,0	150,0	380,0	90,4413
4°	ZIZZI VITANIA	BARBARIAN'S POWER CLUB	1987	53,16	Senior	130,0	137,5	140,0	137,5	70,0	75,0	77,5	75,0	150,0	160,0	167,5	160,0	372,5	92,3236
5°	GUIDI ELISA	BARBARIAN'S POWER CLUB	1982	55,43	Senior	135,0	137,5	142,5	137,5	80,0	85,0	85,0	80,0	145,0	152,5	160,0	152,5	370,0	88,6651
6°	RESI ERIKA	ASD PRO VIRIBUS-PRATO-	1990	56,10	Senior	115,0	122,5	122,5	122,5	62,5	67,5	70,0	67,5	145,0	152,5	160,0	152,5	342,5	81,3148
7°	PONTALTO HILLARY	BARBARIAN'S POWER CLUB	1996	55,64	Senior	112,5	117,5	120,0	120,0	52,5	55,0	57,5	55,0	130,0	137,5	145,0	145,0	320,0	76,4577
8°	DIOSA MARCELA	BARBARIAN'S POWER CLUB	1990	55,76	Senior	107,5	112,5	112,5	107,5	62,5	65,0	65,0	65,0	122,5	127,5	135,0	135,0	307,5	73,3484
9°	BIZZOTTO ALESSIA	SSD PEGASO FITNESS - CITTADELLA-PD-	1991	56,13	Senior	115,0	115,0	120,0	120,0	57,5	60,0	62,5	62,5	117,5	125,0	130,0	125,0	307,5	72,9753
10°	DI MATTEO MIRIANA	HEART OF STEEL POWERLIFTING - ROMA	1993	53,85	Senior	105,0	110,0	115,0	115,0	42,5	47,5	50,0	50,0	115,0	122,5	130,0	130,0	295,0	72,3435
11°	SACCANI MARTINA	ELITE VERONA POWERLIFTING - VR	1992	52,15	Senior	90,0	95,0	97,5	95,0	52,5	55,0	57,5	55,0	107,5	115,0	120,0	115,0	265,0	66,7498
12°	SAVIOTTI FRANCESCA	BERGAMO POWERLIFTING	1987	55,37	Senior	92,5	97,5	102,5	102,5	47,5	50,0	52,5	50,0	92,5	97,5	102,5	102,5	255,0	61,1588
13°	GILLI MARIANNA	C.U.S. FERRARA A.S.D.	1985	56,81	Senior	82,5	87,5	92,5	87,5	40,0	42,5	45,0	42,5	100,0	105,0	110,0	105,0	235,0	55,2615

-63 Senior

1°	GARRA CAROLA	S.S. LAZIO POWERLIFTING	1994	62,66	Senior	185,0	195,0	200,0	195,0	127,5	137,5	140,0	137,5	187,5	197,5	210,0	197,5	530,0	116,3615
2°	ZAMARRA VIRGINIA	LA FORZA POWER TEAM - REGGIO	1995	62,71	Senior	130,0	135,0	137,5	137,5	70,0	77,5	80,0	80,0	145,0	157,5	165,0	165,0	382,5	83,9344
3°	MANCINI SABRINA	S.S. LAZIO POWERLIFTING	1994	57,18	Senior	125,0	132,5	135,0	135,0	72,5	77,5	80,0	80,0	142,5	152,5	157,5	157,5	372,5	87,1698
4°	LUSSIGNOLI CLAUDIA	POWERLIFTING CASTIGLIONE - CASTIGLIONE	1988	62,95	Senior	132,5	140,0	142,5	142,5	62,5	67,5	67,5	62,5	160,0	167,5	170,0	167,5	372,5	81,5384
5°	CICCHINE' BARBARA	LA FORZA POWER TEAM - REGGIO	1987	62,60	Senior	132,5	140,0	145,0	145,0	65,0	70,0	72,5	70,0	140,0	150,0	152,5	152,5	367,5	80,7349
6°	BRUNELLI MARTA	FORMA CLUB	1991	62,84	Senior	125,0	130,0	132,5	130,0	70,0	75,0	75,0	75,0	160,0	162,5	170,0	162,5	367,5	80,5348
7°	GIANSANTI YLENIA	BARBARIAN'S POWER CLUB	1992	62,83	Senior	130,0	130,0	130,0	130,0	70,0	75,0	80,0	75,0	117,5	130,0	142,5	142,5	347,5	76,1598
8°	ZOBBI MONICA	C.U.S. FERRARA A.S.D.	1985	60,54	Senior	110,0	115,0	120,0	120,0	55,0	57,5	60,0	57,5	140,0	147,5	152,5	147,5	325,0	73,0106
9°	DE SILVESTRI ELEONORA	BARBARIAN'S POWER CLUB	1995	58,52	Senior	117,5	125,0	125,0	117,5	67,5	72,5	75,0	75,0	120,0	130,0	135,0	130,0	322,5	74,1975
10°	BAMBINI ALICE	C.U.S. FERRARA A.S.D.	1982	61,09	Senior	105,0	110,0	110,0	110,0	67,5	70,0	72,5	67,5	132,5	137,5	140,0	137,5	315,0	70,3303
11°	BOETTI VALENTINA	FORMA CLUB	1995	61,23	Senior	100,0	107,5	112,5	112,5	52,5	57,5	60,0	60,0	112,5	122,5	130,0	130,0	302,5	67,4352
12°	RIZZOLO FRANCESCA	BARBARIAN'S POWER CLUB	1988	61,94	Senior	105,0	110,0	115,0	110,0	62,5	67,5	70,0	67,5	100,0	110,0	117,5	117,5	295,0	65,2595
13°	MANSERVIGI SARA	C.U.S. FERRARA A.S.D.	1983	59,33	Senior	100,0	100,0	100,0	100,0	52,5	57,5	60,0	57,5	120,0	125,0	130,0	130,0	287,5	65,4995
14°	FERROGLIO CRISTINA	S.S. LAZIO POWERLIFTING	1993	63,00	Senior	105,0	110,0	115,0	110,0	52,5	55,0	57,5	55,0	117,5	120,0	122,5	120,0	285,0	62,3532



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15°	COLOMBO SARAH	BARBARIAN'S POWER CLUB	1995	60,69	Senior	85,0	92,5	100,0	100,0	50,0	52,5	55,0	52,5	105,0	115,0	125,0	125,0	277,5	62,2345
16°	DEL BELLO ELEONORA	TOPLIFTERS	1987	61,08	Senior	85,0	90,0	97,5	97,5	55,0	55,0	60,0	60,0	105,0	112,5	120,0	120,0	277,5	61,9645

-72 Senior

1°	MAZZANTINI SARA	LA FORZA POWER TEAM - REGGIO	1990	69,26	Senior	180,0	190,0	200,0	190,0	95,0	102,5	105,0	102,5	205,0	212,5		212,5	505,0	104,4047
2°	GUBERNATI MICHELA	BARBARIAN'S POWER CLUB	1981	66,41	Senior	137,5	142,5	147,5	147,5	70,0	75,0	80,0	80,0	157,5	167,5	170,0	170,0	397,5	84,1800
3°	ZENARI NADIA	ELITE VERONA POWERLIFTING - VR	1987	66,08	Senior	135,0	140,0	142,5	140,0	65,0	67,5	70,0	70,0	172,5	177,5	180,0	180,0	390,0	82,8366
4°	MOBILIO LORENA	S.S. LAZIO POWERLIFTING	1994	68,95	Senior	127,5	137,5	145,0	137,5	80,0	85,0	85,0	85,0	142,5	155,0	167,5	167,5	390,0	80,8303
5°	PALESTRA GIOA GEMMA	POWERLIFTING TEAM SARDEGNA	1995	69,05	Senior	132,5	137,5	142,5	137,5	70,0	75,0	77,5	75,0	150,0	160,0	175,0	175,0	387,5	80,2474
6°	CATALANO VALENTINA	SELEZIONE ATLETICA PESANTE	1992	70,10	Senior	132,5	140,0	145,0	145,0	70,0	72,5	75,0	72,5	147,5	157,5	165,0	165,0	382,5	78,5589
7°	SCUDERI IRENE	VIKINGS VENETO PL -BAONE	1995	65,45	Senior	137,5	140,0	140,0	140,0	70,0	72,5	75,0	75,0	140,0	150,0	162,5	150,0	365,0	77,9746
8°	CARAVAGGIO CATERINA	BARBARIAN'S POWER CLUB	1996	68,32	Senior	125,0	127,5	135,0	135,0	62,5	67,5	70,0	70,0	150,0	155,0	160,0	160,0	365,0	76,0394
9°	OGHERI FRANCESCA	ELITE VERONA POWERLIFTING - VR	1991	63,04	Senior	125,0	132,5	137,5	132,5	75,0	80,0	80,0	80,0	130,0	140,0	150,0	150,0	362,5	79,2765
10°	BRAVO MERA EVELYN ANI	BARBARIAN'S POWER CLUB	1991	71,20	Senior	130,0	132,5	137,5	137,5	60,0	65,0	67,5	67,5	125,0	135,0	140,0	140,0	345,0	70,2697
11°	MARZULLO MARTINA	POWERLIFTING MAGENTA	1989	66,27	Senior	120,0	125,0	130,0	125,0	75,0	77,5	80,0	77,5	135,0	142,5		135,0	337,5	71,5631
12°	TRENTO MARIELLA	PRO VERCELLI PESISTICA -	1987	66,57	Senior	100,0	107,5	112,5	112,5	55,0	55,0	62,5	55,0	120,0	130,0	142,5	130,0	297,5	62,9131
13°	DESOLE MARIANNA	DWARFS ELITE UNITED - CESENA -	1990	66,84	Senior	85,0	95,0	107,5	95,0	37,5	40,0	45,0	45,0	95,0	105,0	115,0	115,0	255,0	53,7974
FG	DIGESU' RICCARDA	BARBARIAN'S POWER CLUB	1993	70,78	Senior	150,0	150,0	150,0	0,0	67,5	72,5	77,5	72,5	160,0	170,0	175,0	175,0	FG	FG

-84 Senior

1°	PARRELLO FRANCESCA	FORMA CLUB	1994	77,85	Senior	170,0	180,0	190,0	180,0	90,0	95,0	100,0	95,0	205,0	213,0	220,0	220,0	495,0	96,5166
2°	MINEO VERDIANA	ASD PALESTRA POPOLARE PALERMO	1991	72,15	Senior	160,0	170,0	175,0	175,0	87,5	90,0	95,0	90,0	170,0	177,5	185,0	185,0	450,0	91,0245
3°	BELLINI ELISA	FORMA CLUB	1988	79,14	Senior	155,0	165,0	170,0	170,0	95,0	100,0	105,0	100,0	155,0	165,0	175,0	165,0	435,0	84,2007
4°	BOATTINI CARLOTTA	BARBARIAN'S POWER CLUB	1992	79,95	Senior	115,0	125,0	132,5	132,5	62,5	62,5	67,5	62,5	117,5	125,0	137,5	137,5	332,5	64,0769
5°	RIGONI ELETTRA	VIKINGS VENETO PL -BAONE	1987	81,52	Senior	115,0	120,0	125,0	120,0	65,0	70,0	72,5	70,0	125,0	135,0	145,0	135,0	325,0	62,1201



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

CLASSIFICA CAT. FEMMINILE

POS	ATLETA	SOCIETÀ	A.N.	PESO	CAT. ETÀ	SQ1	SQ2	SQ3	BSQ	PA1	PA2	PA3	BPA	ST1	ST2	ST3	BST	TOT	IPF POINTS
+84 Senior																			
1°	PETTENA' ALESSIA	ELITE VERONA POWERLIFTING - VR	1987	95,46	Senior	150,0	155,0	161,0	161,0	87,5	92,5	94,0	94,0	170,0	177,5	181,0	181,0	436,0	78,7932
2°	TACCONE SIMONA CHIAR	VIKINGS VENETO PL -BAONE	1988	109,24	Senior	150,0	150,0	160,5	160,5	70,0	75,0	80,0	80,0	170,0	190,0	196,0	170,0	410,5	71,6543



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

CLASSIFICA ASSOLUTA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	CAT. ETÀ	TOTALE	IPF POINTS
Senior							
CAROLA GARRA	S.S. LAZIO POWERLIFTING	1994	62,66	-63	Senior	530,0	116,3615
SARA MAZZANTINI	LA FORZA POWER TEAM - REGGIO	1990	69,26	-72	Senior	505,0	104,4047
FRANCESCA PARRELLO	FORMA CLUB	1994	77,85	-84	Senior	495,0	96,5166
DALIDA MARI	HEART OF STEEL POWERLIFTING - ROMA	1987	48,84	-52	Senior	360,0	96,1641
ALESSANDRA CERNIGLIARO	S.S. LAZIO POWERLIFTING	1995	56,65	-57	Senior	398,0	93,7913
ROSAMARIA VITERBO	POWERLIFTING MAGENTA	1996	50,71	-52	Senior	360,5	93,0482
SONIA AGGIO	S.S. LAZIO POWERLIFTING	1986	56,34	-57	Senior	393,0	93,0000
RACHELE RANDONE	ASD BELLAVITA PERSICETO BARBELL	1985	46,15	-47	Senior	329,0	92,8861
VITANIA ZIZZI	BARBARIAN'S POWER CLUB	1987	53,16	-57	Senior	372,5	92,3236
VERDIANA MINEO	ASD PALESTRA POPOLARE PALERMO	1991	72,15	-84	Senior	450,0	91,0245
BENEDETTA SQUILLANTE	HEART OF STEEL POWERLIFTING - ROMA	1995	55,92	-57	Senior	380,0	90,4413
ELISA GUIDI	BARBARIAN'S POWER CLUB	1982	55,43	-57	Senior	370,0	88,6651
CHIARA GALIMBERTI	FORMA CLUB	1994	45,61	-47	Senior	310,0	88,5849
GRETA BASSOLI	VIKINGS VENETO PL -BAONE	1988	51,27	-52	Senior	345,0	88,1889
SABRINA MANCINI	S.S. LAZIO POWERLIFTING	1994	57,18	-63	Senior	372,5	87,1698
LISA BUSELLATO	VIKINGS VENETO PL -BAONE	1983	50,73	-52	Senior	332,5	85,7911
BARBARA DEIDDA	ELITE VERONA POWERLIFTING - VR	1981	45,26	-47	Senior	297,5	85,6968
ELISA BELLINI	FORMA CLUB	1988	79,14	-84	Senior	435,0	84,2007
MICHELA GUBERNATI	BARBARIAN'S POWER CLUB	1981	66,41	-72	Senior	397,5	84,1800
VIRGINIA ZAMARRA	LA FORZA POWER TEAM - REGGIO	1995	62,71	-63	Senior	382,5	83,9344
NADIA ZENARI	ELITE VERONA POWERLIFTING - VR	1987	66,08	-72	Senior	390,0	82,8366
LARA FUMAGALLI	ASD PRO VIRIBUS-PRATO-	1989	50,84	-52	Senior	320,0	82,4073
CLAUDIA LUSSIGNOLI	POWERLIFTING CASTIGLIONE - CASTIGLIONE	1988	62,95	-63	Senior	372,5	81,5384
ERIKA RESI	ASD PRO VIRIBUS-PRATO-	1990	56,10	-57	Senior	342,5	81,3148
LORENA MOBILIO	S.S. LAZIO POWERLIFTING	1994	68,95	-72	Senior	390,0	80,8303



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

CLASSIFICA ASSOLUTA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	CAT. ETÀ	TOTALE	IPF POINTS
BARBARA CICCHINE'	LA FORZA POWER TEAM - REGGIO	1987	62,60	-63	Senior	367,5	80,7349
MARTA BRUNELLI	FORMA CLUB	1991	62,84	-63	Senior	367,5	80,5348
GIOA GEMMA PALESTRA	POWERLIFTING TEAM SARDEGNA	1995	69,05	-72	Senior	387,5	80,2474
CHIARA VOLPATO	STRENGTHLAB - PADOVA	1994	50,59	-52	Senior	310,0	80,1828
FRANCESCA OGHIERI	ELITE VERONA POWERLIFTING - VR	1991	63,04	-72	Senior	362,5	79,2765
ALESSIA PETTENA'	ELITE VERONA POWERLIFTING - VR	1987	95,46	+84	Senior	436,0	78,7932
VALENTINA CATALANO	SELEZIONE ATLETICA PESANTE	1992	70,10	-72	Senior	382,5	78,5589
IRENE SCUDERI	VIKINGS VENETO PL -BAONE	1995	65,45	-72	Senior	365,0	77,9746
SARA ROMAGNOLI	C.U.S. FERRARA A.S.D.	1996	51,35	-52	Senior	302,5	77,2197
HILLARY PONTALTO	BARBARIAN'S POWER CLUB	1996	55,64	-57	Senior	320,0	76,4577
YLENIA GIANSAINTI	BARBARIAN'S POWER CLUB	1992	62,83	-63	Senior	347,5	76,1598
CATERINA CARAVAGGIO	BARBARIAN'S POWER CLUB	1996	68,32	-72	Senior	365,0	76,0394
SUSANNA NUCCI	VIKINGS VENETO PL -BAONE	1996	45,89	-47	Senior	265,0	75,2500
ELEONORA DE SILVESTRI	BARBARIAN'S POWER CLUB	1995	58,52	-63	Senior	322,5	74,1975
SILVIA RIELLO	VIKINGS VENETO PL -BAONE	1982	50,74	-52	Senior	285,0	73,5224
MARCELA DIOSA	BARBARIAN'S POWER CLUB	1990	55,76	-57	Senior	307,5	73,3484
MONICA ZOBBI	C.U.S. FERRARA A.S.D.	1985	60,54	-63	Senior	325,0	73,0106
ALESSIA BIZZOTTO	SSD PEGASO FITNESS - CITTADELLA-PD-	1991	56,13	-57	Senior	307,5	72,9753
MIRIANA DI MATTEO	HEART OF STEEL POWERLIFTING - ROMA	1993	53,85	-57	Senior	295,0	72,3435
ANASTASIA CORRIAS	S.S. LAZIO POWERLIFTING	1995	50,82	-52	Senior	280,0	72,1316
SIMONA CHIARA TACCONE	VIKINGS VENETO PL -BAONE	1988	109,24	+84	Senior	410,5	71,6543
MARTINA MARZULLO	POWERLIFTING MAGENTA	1989	66,27	-72	Senior	337,5	71,5631
ALICE BAMBINI	C.U.S. FERRARA A.S.D.	1982	61,09	-63	Senior	315,0	70,3303
EVELYN ANDREA BRAVO MERA	BARBARIAN'S POWER CLUB	1991	71,20	-72	Senior	345,0	70,2697
SIMONA BENEDETTI	AKTIVARIUM POWERLIFTING- MODENA-	1985	48,57	-52	Senior	260,0	69,8155
VALENTINA BOETTI	FORMA CLUB	1995	61,23	-63	Senior	302,5	67,4352



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

CLASSIFICA ASSOLUTA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	CAT. ETÀ	TOTALE	IPF POINTS
MARTINA SACCANI	ELITE VERONA POWERLIFTING - VR	1992	52,15	-57	Senior	265,0	66,7498
SARA MANSERVIGI	C.U.S. FERRARA A.S.D.	1983	59,33	-63	Senior	287,5	65,4995
FRANCESCA RIZZOLO	BARBARIAN'S POWER CLUB	1988	61,94	-63	Senior	295,0	65,2595
DANIELA VITALE	BARBARIAN'S POWER CLUB	1992	45,58	-47	Senior	227,5	65,0542
CARLOTTA BOATTINI	BARBARIAN'S POWER CLUB	1992	79,95	-84	Senior	332,5	64,0769
DILETTA CIBRANDI	DWARFS ELITE UNITED - CESENA -	1991	50,87	-52	Senior	247,5	63,7036
MARIELLA TRENTO	PRO VERCELLI PESISTICA -	1987	66,57	-72	Senior	297,5	62,9131
CRISTINA FERROGLIO	S.S. LAZIO POWERLIFTING	1993	63,00	-63	Senior	285,0	62,3532
SARAH COLOMBO	BARBARIAN'S POWER CLUB	1995	60,69	-63	Senior	277,5	62,2345
ELETTRA RIGONI	VIKINGS VENETO PL -BAONE	1987	81,52	-84	Senior	325,0	62,1201
ELEONORA DEL BELLO	TOPLIFTERS	1987	61,08	-63	Senior	277,5	61,9645
FRANCESCA SAVIOTTI	BERGAMO POWERLIFTING	1987	55,37	-57	Senior	255,0	61,1588
CHIARA DE SIMONE	BERGAMO POWERLIFTING	1982	51,29	-52	Senior	232,5	59,4114
ALEXANDRA BOUTIUC	FORMA CLUB	1995	50,12	-52	Senior	225,0	58,6872
LUCIA CONGIU	SELEZIONE ATLETICA PESANTE	1990	50,95	-52	Senior	217,5	55,9043
MARIANNA GILLI	C.U.S. FERRARA A.S.D.	1985	56,81	-57	Senior	235,0	55,2615
MARIANNA DESOLE	DWARFS ELITE UNITED - CESENA -	1990	66,84	-72	Senior	255,0	53,7974
BENEDETTA CAPOZUCCHI	BARBARIAN'S POWER CLUB	1994	50,90	-52	Senior	FG	FG
RICCARDA DIGESU'	BARBARIAN'S POWER CLUB	1993	70,78	-72	Senior	FG	FG



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

MIGLIOR ATLETA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	SQUAT	PANCA	STACCO	TOTALE	IPF POINTS
CAROLA GARRA	S.S. LAZIO POWERLIFTING	1994	62,66	-63	195,0	137,5	197,5	530,0	116,3615
SARA MAZZANTINI	LA FORZA POWER TEAM - REGGIO	1990	69,26	-72	190,0	102,5	212,5	505,0	104,4047
FRANCESCA PARRELLO	FORMA CLUB	1994	77,85	-84	180,0	95,0	220,0	495,0	96,5166
DALIDA MARI	HEART OF STEEL POWERLIFTING - ROMA	1987	48,84	-52	137,5	80,0	142,5	360,0	96,1641
ALESSANDRA CERNIGLIARO	S.S. LAZIO POWERLIFTING	1995	56,65	-57	150,5	80,0	167,5	398,0	93,7913
ROSAMARIA VITERBO	POWERLIFTING MAGENTA	1996	50,71	-52	117,5	93,0	150,0	360,5	93,0482
SONIA AGGIO	S.S. LAZIO POWERLIFTING	1986	56,34	-57	135,0	70,0	188,0	393,0	93,0000
RACHELE RANDONE	ASD BELLAVITA PERSICETO BARBELL	1985	46,15	-47	112,5	55,0	161,5	329,0	92,8861
VITANIA ZIZZI	BARBARIAN'S POWER CLUB	1987	53,16	-57	137,5	75,0	160,0	372,5	92,3236
VERDIANA MINEO	ASD PALESTRA POPOLARE PALERMO	1991	72,15	-84	175,0	90,0	185,0	450,0	91,0245
BENEDETTA SQUILLANTE	HEART OF STEEL POWERLIFTING - ROMA	1995	55,92	-57	137,5	92,5	150,0	380,0	90,4413
ELISA GUIDI	BARBARIAN'S POWER CLUB	1982	55,43	-57	137,5	80,0	152,5	370,0	88,6651
CHIARA GALIMBERTI	FORMA CLUB	1994	45,61	-47	105,0	72,5	132,5	310,0	88,5849
GRETA BASSOLI	VIKINGS VENETO PL -BAONE	1988	51,27	-52	117,5	80,0	147,5	345,0	88,1889
SABRINA MANCINI	S.S. LAZIO POWERLIFTING	1994	57,18	-63	135,0	80,0	157,5	372,5	87,1698
LISA BUSELLATO	VIKINGS VENETO PL -BAONE	1983	50,73	-52	115,0	65,0	152,5	332,5	85,7911
BARBARA DEIDDA	ELITE VERONA POWERLIFTING - VR	1981	45,26	-47	107,5	62,5	127,5	297,5	85,6968
ELISA BELLINI	FORMA CLUB	1988	79,14	-84	170,0	100,0	165,0	435,0	84,2007
MICHELA GUBERNATI	BARBARIAN'S POWER CLUB	1981	66,41	-72	147,5	80,0	170,0	397,5	84,1800
VIRGINIA ZAMARRA	LA FORZA POWER TEAM - REGGIO	1995	62,71	-63	137,5	80,0	165,0	382,5	83,9344
NADIA ZENARI	ELITE VERONA POWERLIFTING - VR	1987	66,08	-72	140,0	70,0	180,0	390,0	82,8366
LARA FUMAGALLI	ASD PRO VIRIBUS-PRATO-	1989	50,84	-52	115,0	65,0	140,0	320,0	82,4073
CLAUDIA LUSSIGNOLI	POWERLIFTING CASTIGLIONE - CASTIGLIONE	1988	62,95	-63	142,5	62,5	167,5	372,5	81,5384
ERIKA RESI	ASD PRO VIRIBUS-PRATO-	1990	56,10	-57	122,5	67,5	152,5	342,5	81,3148
LORENA MOBILIO	S.S. LAZIO POWERLIFTING	1994	68,95	-72	137,5	85,0	167,5	390,0	80,8303
BARBARA CICCHINE'	LA FORZA POWER TEAM - REGGIO	1987	62,60	-63	145,0	70,0	152,5	367,5	80,7349



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

MIGLIOR ATLETA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	SQUAT	PANCA	STACCO	TOTALE	IPF POINTS
MARTA BRUNELLI	FORMA CLUB	1991	62,84	-63	130,0	75,0	162,5	367,5	80,5348
GIOIA GEMMA PALESTRA	POWERLIFTING TEAM SARDEGNA	1995	69,05	-72	137,5	75,0	175,0	387,5	80,2474
CHIARA VOLPATO	STRENGTHLAB - PADOVA	1994	50,59	-52	105,0	65,0	140,0	310,0	80,1828
FRANCESCA OGHIERI	ELITE VERONA POWERLIFTING - VR	1991	63,04	-72	132,5	80,0	150,0	362,5	79,2765
ALESSIA PETTENA'	ELITE VERONA POWERLIFTING - VR	1987	95,46	+84	161,0	94,0	181,0	436,0	78,7932
VALENTINA CATALANO	SELEZIONE ATLETICA PESANTE	1992	70,10	-72	145,0	72,5	165,0	382,5	78,5589
IRENE SCUDERI	VIKINGS VENETO PL -BAONE	1995	65,45	-72	140,0	75,0	150,0	365,0	77,9746
SARA ROMAGNOLI	C.U.S. FERRARA A.S.D.	1996	51,35	-52	95,0	62,5	145,0	302,5	77,2197
HILLARY PONTALTO	BARBARIAN'S POWER CLUB	1996	55,64	-57	120,0	55,0	145,0	320,0	76,4577
YLENIA GIANSAANTI	BARBARIAN'S POWER CLUB	1992	62,83	-63	130,0	75,0	142,5	347,5	76,1598
CATERINA CARAVAGGIO	BARBARIAN'S POWER CLUB	1996	68,32	-72	135,0	70,0	160,0	365,0	76,0394
SUSANNA NUCCI	VIKINGS VENETO PL -BAONE	1996	45,89	-47	87,5	57,5	120,0	265,0	75,2500
ELEONORA DE SILVESTRI	BARBARIAN'S POWER CLUB	1995	58,52	-63	117,5	75,0	130,0	322,5	74,1975
SILVIA RIELLO	VIKINGS VENETO PL -BAONE	1982	50,74	-52	97,5	55,0	132,5	285,0	73,5224
MARCELA DIOSA	BARBARIAN'S POWER CLUB	1990	55,76	-57	107,5	65,0	135,0	307,5	73,3484
MONICA ZOBBI	C.U.S. FERRARA A.S.D.	1985	60,54	-63	120,0	57,5	147,5	325,0	73,0106
ALESSIA BIZZOTTO	SSD PEGASO FITNESS - CITTADELLA-PD-	1991	56,13	-57	120,0	62,5	125,0	307,5	72,9753
MIRIANA DI MATTEO	HEART OF STEEL POWERLIFTING - ROMA	1993	53,85	-57	115,0	50,0	130,0	295,0	72,3435
ANASTASIA CORRIAS	S.S. LAZIO POWERLIFTING	1995	50,82	-52	100,0	57,5	122,5	280,0	72,1316
SIMONA CHIARA TACCONI	VIKINGS VENETO PL -BAONE	1988	109,24	+84	160,5	80,0	170,0	410,5	71,6543
MARTINA MARZULLO	POWERLIFTING MAGENTA	1989	66,27	-72	125,0	77,5	135,0	337,5	71,5631
ALICE BAMBINI	C.U.S. FERRARA A.S.D.	1982	61,09	-63	110,0	67,5	137,5	315,0	70,3303
EVELYN ANDREA BRAVO MERA	BARBARIAN'S POWER CLUB	1991	71,20	-72	137,5	67,5	140,0	345,0	70,2697
SIMONA BENEDETTI	AKTIVARIUM POWERLIFTING- MODENA-	1985	48,57	-52	90,0	45,0	125,0	260,0	69,8155
VALENTINA BOETTI	FORMA CLUB	1995	61,23	-63	112,5	60,0	130,0	302,5	67,4352
MARTINA SACCANI	ELITE VERONA POWERLIFTING - VR	1992	52,15	-57	95,0	55,0	115,0	265,0	66,7498



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

MIGLIOR ATLETA FEMMINILE

ATLETA	SOCIETÀ	A.N.	PESO	CAT.	SQUAT	PANCA	STACCO	TOTALE	IPF POINTS
SARA MANSERVIGI	C.U.S. FERRARA A.S.D.	1983	59,33	-63	100,0	57,5	130,0	287,5	65,4995
FRANCESCA RIZZOLO	BARBARIAN'S POWER CLUB	1988	61,94	-63	110,0	67,5	117,5	295,0	65,2595
DANIELA VITALE	BARBARIAN'S POWER CLUB	1992	45,58	-47	82,5	45,0	100,0	227,5	65,0542
CARLOTTA BOATTINI	BARBARIAN'S POWER CLUB	1992	79,95	-84	132,5	62,5	137,5	332,5	64,0769
DILETTA CIBRANDI	DWARFS ELITE UNITED - CESENA -	1991	50,87	-52	92,5	50,0	105,0	247,5	63,7036
MARIELLA TRENTO	PRO VERCELLI PESISTICA -	1987	66,57	-72	112,5	55,0	130,0	297,5	62,9131
CRISTINA FERROGLIO	S.S. LAZIO POWERLIFTING	1993	63,00	-63	110,0	55,0	120,0	285,0	62,3532
SARAH COLOMBO	BARBARIAN'S POWER CLUB	1995	60,69	-63	100,0	52,5	125,0	277,5	62,2345
ELETTRA RIGONI	VIKINGS VENETO PL -BAONE	1987	81,52	-84	120,0	70,0	135,0	325,0	62,1201
ELEONORA DEL BELLO	TOPLIFTERS	1987	61,08	-63	97,5	60,0	120,0	277,5	61,9645
FRANCESCA SAVIOTTI	BERGAMO POWERLIFTING	1987	55,37	-57	102,5	50,0	102,5	255,0	61,1588
CHIARA DE SIMONE	BERGAMO POWERLIFTING	1982	51,29	-52	85,0	42,5	105,0	232,5	59,4114
ALEXANDRA BOUTIUC	FORMA CLUB	1995	50,12	-52	87,5	52,5	85,0	225,0	58,6872
LUCIA CONGIU	SELEZIONE ATLETICA PESANTE	1990	50,95	-52	80,0	45,0	92,5	217,5	55,9043
MARIANNA GILLI	C.U.S. FERRARA A.S.D.	1985	56,81	-57	87,5	42,5	105,0	235,0	55,2615
MARIANNA DESOLE	DWARFS ELITE UNITED - CESENA -	1990	66,84	-72	95,0	45,0	115,0	255,0	53,7974
BENEDETTA CAPOZUCCHI	BARBARIAN'S POWER CLUB	1994	50,90	-52	105,0	62,5	0,0	FG	FG
RICCARDA DIGESU'	BARBARIAN'S POWER CLUB	1993	70,78	-72	0,0	72,5	175,0	FG	FG



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

RECORD SQUAT FEMMINILE

CAT	ATLETA	BEST	SJ	JU	SE	M1	M2	M3	M4
Senior									
-57kg	CERNIGLIARO ALESSANDRA	150,5	0	0	1	0	0	0	0
-63kg	GARRA CAROLA	195,0	0	0	1	0	0	0	0
+84kg	PETTENA' ALESSIA	161,0	0	0	1	0	0	0	0



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

RECORD PANCA FEMMINILE

CAT	ATLETA	BEST	SJ	JU	SE	M1	M2	M3	M4
Senior									
-47kg	GALIMBERTI CHIARA	72,5	0	0	1	0	0	0	0
-52kg	VITERBO ROSAMARIA	93,0	0	0	1	0	0	0	0
-63kg	GARRA CAROLA	137,5	0	0	1	0	0	0	0
+84kg	PETTENA' ALESSIA	94,0	0	0	1	0	0	0	0



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

RECORD STACCO FEMMINILE

CAT	ATLETA	BEST	SJ	JU	SE	M1	M2	M3	M4
Senior									
-47kg	RANDONE RACHELE	161,5	0	0	1	0	0	0	0
-57kg	AGGIO SONIA	188,0	0	0	1	0	0	0	0
-63kg	GARRA CAROLA	197,5	0	0	1	0	0	0	0
-84kg	PARRELLO FRANCESCA	220,0	0	0	1	0	0	0	0
+84kg	PETTENA' ALESSIA	181,0	0	0	1	0	0	0	0



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3° CAMPIONATO ITALIANO CLASSIC FEMMINILE SENIOR DI POWERLIFTING 2020

RECORD TOTALE FEMMINILE

CAT	ATLETA	BEST	SJ	JU	SE	M1	M2	M3	M4
Senior									
-57kg	CERNIGLIARO ALESSANDRA	398,0	0	0	1	0	0	0	0
-63kg	GARRA CAROLA	530,0	0	0	1	0	0	0	0
-84kg	PARRELLO FRANCESCA	495,0	0	0	1	0	0	0	0
+84kg	PETTENA' ALESSIA	436,0	0	0	1	0	0	0	0